



THE BartonCenter

FOR DIABETES EDUCATION, INC.
Inspiring Children. Empowering Families.™



the barton *Spirit!* newsletter

FALL 2012

New Arts & Crafts/Day Camp Building at Clara Barton Camp

There was added excitement upon the arrival of campers and parents this summer at Clara Barton Camp when they saw the new “Jack H. & Grete L. Connelly Arts & Crafts/Day Camp Building” that was completed just in time for the opening of camp.



The construction was made possible by a very generous bequest received after the passing of longtime donor and Unitarian member, Grete L. Connelly. This two-story building houses Arts & Crafts on the top level and Day Camp on the lower level.

During the construction process, it became clear that this new addition to the property was going to fill a longtime need in replacing the barely standing former arts & crafts building; however, we couldn't help but wonder just what we would furnish and supply this new building with. As soon as word spread, we received a call from board member Ash Reifler who shared with us that she happened to have furnishings and supplies from two studios that she was no longer operating. She suggested a field trip so that we could view the items, and off we went. We were speechless as Ash led us to a building that was full of furniture, equipment, and supplies way beyond our imaginations. Two trucks and two SUVs' were filled, and both Ash and daughter Kelsey arrived at camp for a whirlwind setup during pre-camp. Within two days, “Studio U” (named after Ash's studio) was

created. In addition to the furniture, equipment, and display shelving, Ash also included samples, instructions, and craft supplies to work with that included wood pieces, glass, jewelry, mosaics, paper mache, felts, stamping supplies, and so much more.

Both staff and campers alike are thrilled with the brand new arts and crafts cabin, stocked full of incredible, creative supplies. “The new arts and crafts cabin provides the campers so many new options to be creative at camp! I love to be able to look at the clothesline of art projects hanging across the cabin. It is so rewarding to see the kids light up looking at their finished product,” says Alyson Carey,



Camper enjoys new building and supplies



one of the counselors of Boathouse, CBC's senior cabin. An always popular activity, arts and crafts continues to be a camp favorite; and the new, well-stocked cabin only adds to the excitement and allure!

Many thanks to both the Connelly and Reifler families for their generosity.

Special thanks are also extended to Robert Nolette and his staff at RAN Woodworking who went above and beyond throughout the construction process.

All donations, large and small, from our supporters help make a difference in the lives of the children and families we serve. Please consider making a donation to help support our programs.

To see more photos of our new Arts & Crafts building, please go to our website at www.bartoncenter.org and click on About Barton, Picture Galleries, Clara Barton Camp Facilities.



Ash & Kelsey at camp

Camp Joslin Name Update

The Barton Center is pleased to announce that an agreement has been reached with Joslin Diabetes Center that will allow The Barton Center to continue to use and license the Camp Joslin name. The Barton Center purchased Camp Joslin from Joslin Diabetes Center in August 2010. The purchase originally included an agreement that the name Camp Joslin would be changed.

Campers, staff, and alumni who hear the news express their excitement that this powerful name, representing a pioneer and hero in the lives of children with diabetes will continue to be part of camp.

The news was also well received by members of the Oxford community as well as surrounding communities where Dr. Elliott P. Joslin was born and his legacy is well known.

“Camp Joslin Forever!”



Clara Barton Camp



This summer at CBC was extraordinary! Fun-filled days and evenings of action-packed adventure continued to promote The Barton Center's mission of improving the lives of children with insulin-dependent diabetes through education, recreation and so much more! The spirit of CBC is alive and well and can be easily realized upon first setting foot upon the green grounds of camp. Whether you have the privilege of bearing witness to an intense game of capture the flag, or you stumble upon some splashing and doggy-paddling taking place in the pool and pond, your ears are sure to be filled with the echoes of laughter that accompany the joy of being at camp!

This summer, the brand new, fully stocked arts and crafts cabin was an amazing addition to camp and provided the already imaginative campers and staff with even more options to showcase their artistic talent. Campers not only enjoyed the new, bright space but were very excited with all the new professional-quality craft options available to them.

Both our low and high ropes courses are an exciting and adrenaline-pumping way through which our campers are able to prove to themselves and to their fellow campers the strength and power of their determination and spirit! Scaling tall trees, soaring down the zipline, and even learning to strap on a harness for the first time are just a few of the thrilling obstacles in which the CBC campers get to participate. "When the campers finish an element on high ropes, they feel so happy and exhilarated. Many of them have achieved something that they have never done before," says Ashley Napear, our resident Ropes Course Director. She continues, "The camper is so proud of herself, but most importantly, she is being cheered on throughout the entire process by her bunkmates and counselors." Through this fostering of guided self-reliance and support of a wide variety of aspirations, Clara Barton Camp maintains its distinct ability to enable our campers to achieve more than they ever thought possible!



As the summer draws to an end, campers and staff reflect and rejoice in the memories made and the friendships established, confirmed and extended. The enthusiasm, eagerness and overall positivity surrounding both diabetes management and general happy and healthy living are enormously present upon CBC's grounds. Yet, it isn't simply the exciting camp games and activities that make all the difference at Clara Barton Camp but the undeniable presence of love and understanding that truly resonates with all whom are present.

Each summer offers new and amazing opportunities for growth, and this summer expanded this reality thanks to a combination of generosity and spirit displayed and embodied by this summer's incredible staff, campers, and supporters. "Tradition is the essence of CBC. It is the creator of camp magic that encapsulates the meaning of CBC and keeps us coming back summer after summer," says senior counselor Meaghan McGrath. Clara Barton Camp is most certainly a

uniquely inspiring place, yet to be able to fully understand the vibrance that exists here, you must experience it for yourself!

Campership Raffle Winner

Congratulations to camper Emily Lang who won our Campership Raffle. Emily's parents were excited to win a two-week session for Emily for next summer. The winning ticket was drawn at the end of Family Camp.



Camp Joslin



Campers at Camp Joslin enjoyed an exciting summer jam-packed with fun activities, such as boating, archery, swimming, gaga—a dodgeball like game which is very popular with the campers, hike to heck—the infamous mud hole, typical sports, and lots of games. Along the way, in addition to diabetes education, new friendships were formed and old ones reinforced. The bonds created at camp are often amongst the strongest connections campers make in their lifetime. As one counselor put it, “I’ve spent the past fifteen years at camp and can attest that camp truly becomes a ‘home away from home.’ It’s like having a sizeable (mostly diabetic) extended family!”

This year, for the fifth consecutive summer, world-class Iron Man Triathlete and motivational speaker Jay Hewitt visited camp. Diagnosed with Type-1 diabetes in 1991, Jay began a journey to become a triathlon athlete, inspired to prove that the disease couldn’t hold him back. For those unfamiliar with the Iron Man Triathlon, it’s a marathon event that includes a 2.4-mile swim, 112-mile bike race, and a 26.2 mile run, all consecutively in the same day. A member of the U.S. National Long Course Triathlon Team, Jay is amongst the top triathlete competitors in the world, enjoying all of his success post-diagnosis.



Campers with Jay

As part of his visit, Jay delivers an inspirational speech to all of the campers, including the girls at Clara Barton Camp. Jay gives an overview of his impressive journey, telling the kids about when he was diagnosed and how he became inspired to participate in marathons, the difficulties he faced, and the amazing feeling of accomplishment he had after completing his first triathlon race a mere ten years after diagnosis. His signature motivational catch phrases of “How bad do you want it?” and “step on the neck of diabetes and tell it that it’s messing with the wrong guy!” lead into an explanation of the

biathlon event at camp that he helps organize. During the event, campers from both camps can participate in a two-part marathon that includes swimming and running portions. Upon completing the event, campers cross a finish line, enjoying the satisfaction of having accomplished the race.

According to Jay, there is no joy greater than the feeling of crossing that finish line, having challenged yourself to do something you might not have realized you were capable of, proving that diabetes will never hold you back. Campers from both Camp Joslin and Clara Barton Camp met Jay’s challenge and jumped in the lake to swim 1/4 mile and then dried off and began running up to 1 mile if they chose the long course. Campers also had an option of a short course. They burst across the finish line with a sense of accomplishment, making the biathlon a huge success this year, inspiring the campers of both camps and giving them the courage to challenge themselves in all aspects of life.

It has been sixty-four years since Camp Joslin began, and the spirit of camp is as strong and potent as it has ever been. Coming to camp is an experience that stays with you for a lifetime, fostering an altruistic attitude in all those who attend. The mantra of “people helping people” will continue to be personified by the staff and campers who make camp such a wonderful place. Hopefully it won’t take another sixty-four years before there is a cure, but until there is—Camp Joslin forever.

CAMP MERCHANDISE AVAILABLE ONLINE

Missing summer camp, forgot to buy a t-shirt, or want a special gift? Then check out our online camp store. We have t-shirts, sweatshirts, shorts, wristbands, and more. Go to our website at www.bartoncenter.org and click on Programs and Programs Calendar to see the merchandise link and view all the items for sale.



Barton Day Camp

2012 was a summer to remember for Barton Day Camp!



Barton Day Camp hit the road running and traveled to our locations in Connecticut, Massachusetts, and New York. Our theme, "Under the Sea," included many activities such as "What Time is it Mr. Shark?"

After several summers of being away, Western New England day camp returned! We quickly adjusted to our new home at Smith College where we enjoyed beautiful grounds and ideal facilities. Both campers and staff enthusiastically participated in camp favorites such as Dr. Dodgeball and Rocks while also preparing for our parent performance on Friday afternoon. Western New England Day Camp returned due to the dedication and untiring efforts of local families who held fundraising events and more to support the program. These families raised enough money to bring back camp and award their children with the opportunity to go to day camp. The dedication of these families showed each and every day at camp when the campers showed up with smiles and endless enthusiasm.

The difference that attending camp makes in the lives of children with diabetes becomes clearer and is so rewarding when speaking to parents and children. In a message to Director Jenni Schwab, one mother whose son attended day camp, wrote, "Thank you so much. He had a great time and it has helped him tremendously. He finally feels like he is not the only one and has also connected with a friend and I believe that friendship will continue. That in itself made the week extra special!"

Many other parents are able to see the value of camp as well. It is apparent in the eyes of the parents on the final day of the day camp session. They see their children exchanging phone numbers with friends who not only understand who the latest music is by, but they understand high blood sugars at 3 AM, missing karate tournaments due to ketones, and not being able to sleep at friends' houses because of diabetes.

This summer has been wonderful at each day camp location. We had two great sleepovers; one in Greenwich and one in

Worcester. It was an amazing summer, and the campers and staff had a great time as we combined fun activities with diabetes education.



Helmsley Charitable Trust Visits Camp



Helmsley staff enjoyed the "Hike to Heck" with campers during their visit! This muddy hike is very popular with our campers.

Family Camp





Clara Barton Birthplace Museum

Interest in Clara Barton, founder of the American Red Cross, continues as visitors and schoolchildren alike visit and inquire about Clara's life. Whether they are working on a school project or are just interested in Clara, people are fascinated with the information they uncover at the museum.

The Birthplace Museum had a special visitor in March. Mr. Gene Seevers of Virginia

stopped by the museum hoping he would be able to see the inside of the museum. As a young man serving in WWII, he traveled to many places and lived what today we know as history. He and his wife often drove north from Virginia and would pass by the museum telling themselves they really needed to stop and visit it someday. Unfortunately his wife passed away last year, and Mr. Seevers, at age 86 was making a trip alone to the area.

It wasn't just that the couple had always wanted to visit the museum; it held special meaning for both, since Mr. Seevers met his wife after the war ended when both were working for the Red Cross. Together they shared many years and many travels to different places helping during disasters as part of the Red Cross before retiring after more than thirty years of service. When they were just starting out with the Red Cross, the most time they spent in one place for several years was eighteen months.

He was very glad that we were able to give him a tour and shared many stories while we walked through Clara Barton's Birthplace. The history of the American Red Cross lives on in people like Mr. Seevers.

Also this spring, an inquiry from Ms. Maggio's sixth grade classroom at Tuskawilla Middle School in Florida generated a lot of valuable information for the class which was working on a national History Project on Clara Barton and the American Red Cross. In addition to sending literature, we also put the class in contact with Clara's great grandniece who is over 100 years old. The students were amazed and excited when they were granted a phone interview with Clara's niece. The experience truly brought history to life. The class wrote us a thank you letter and shared with us that they placed 3rd at the state level competition where they were up against over 60 competitors including 7th and 8th graders. Congratulations to this energetic, talented group of sixth graders.

Counselors Help Create the Magic!

In the summer, our staff numbers soar as we hire summer counselors, program directors, nurses, and others to help our year-round camp directors make camp a reality. Many of the summer staff members have diabetes and have been coming to camp for years. This dedicated group helps bring the magic to camp. They are a fun-loving, sometimes zany, enthusiastic group. We wanted everyone to catch a glimpse of some of our hard-working summer staff!



Annual Auction



Saturday, October 27, 2012

7 to 10 p.m.

Penta Dining Hall, Camp Joslin
Charlton, MA

Come join the fun at our annual Auction held in the beautiful Penta Dining Hall at Camp Joslin.

Live & Silent Auction
Hors d'oeuvres, Desserts
Dancing, Beer & Wine

For ticket information or sponsorship opportunities, please call 508-987-2056,

Ext. 2003, or email
events@bartoncenter.org.



Diabetes Fairs

Many thanks to our exhibitors who attended closing day at our camp sessions this summer. Camper families appreciated speaking directly with representatives from the following companies:

Abbott Laboratories
American Diabetes Association
Animas Corporation
Glu
Insulet Corporation
Lifescan
Medtronic Minimed
Novo Nordisk Pharmaceuticals
Roche Diagnostics
Sanofi-Aventis
Tandem Diabetes Care

Calendar 2012-13

Special Events Update

For more information or for registration forms, please visit www.bartoncenter.org.

FALL MAGICAL WEEKEND

October 20-21, 2012

Coed, Ages 1-10

Are you feeling the spirit of Halloween? Parents bring your children to camp and join us for a fun-filled weekend with lots of great games and activities, such as trick-or-treating around the pond, arts and crafts, and much more. Casual learning and teachable moments related to diabetes management will abound.

NOVEMBER WACKY WEEKEND

November 9-11, 2012

Coed, Ages 6-16

Missing summer camp? Thinking about trying camp next summer? Then this is the weekend for you. Come alone or bring a sibling or friend without diabetes and give camp a try! Jam-packed with zany activities, diabetes education, fun, and more!

WINTER CAMP

December 27-30, 2012

Coed, Ages 13-17

During this four-day program, campers will learn about communication, personal responsibility, exercise, nutrition, and other teenage diabetes issues while having lots of fun in a relaxed, camp atmosphere.

FEBRUARY WACKY WEEKEND

February 15-17, 2013

Coed, Ages 6-16

Same rules as November... Join us for a weekend of fun and adventure.

SPRINGTIME FAMILY CAMP

March 22-24, 2013

Coed, All Ages

A jam-packed weekend filled with fun activities and diabetes education for the whole family! Moms, dads, brothers, cousins, grandparents, friends, and anyone else you consider your family can come play and learn at Springtime Family Camp. Whether it's singing around the campfire, or eating nutritious and delicious meals, we encourage you to make camp your home and build new and lasting family friendships.

LIFE AFTER HIGH SCHOOL

April 5-7, 2013

Coed, Ages 17-20

Come experience what living with diabetes is like when you are on your own! Engage in discussions and activities that mock real life and prepare you for independent living.

BARTON OPEN HOUSE

April 7, 2013

1 p.m. to 4 p.m.

Coed, All Ages

This is your opportunity to come to camp to see what Barton summer camp programs are like at Clara Barton Camp, Camp Joslin, and Barton Day Camps! Spend the afternoon enjoying a sample of camp life and tour both Clara Barton Camp and Camp Joslin. Snacks and laughs are on the menu!

CAREGIVERS WEEKEND

April 19-21, 2013

Coed, All Ages

Do you have family members who are willing to look after your child with diabetes "if only they understood what diabetes is all about?" Are you, as a parent, looking for a "diabetes tune-up?" Then Caregivers Weekend, one of our most popular programs, is the right fit for your family. Send your child to camp with grandma, grandpa, or auntie and uncle, or bring your family for a weekend of learning while having a blast! Everyone will leave camp with a better understanding, knowledge, and confidence about diabetes and taking care of the ones they love!

Upcoming Events—For more information or to RSVP for events, please call 508-987-2056 or visit our website at www.bartoncenter.org.

Barton Ride for Diabetes

September 16, 2012 Begins at 10 a.m.

Ride your motorcycle from the Central Massachusetts Safety Council to Camp Joslin and enjoy food at the end of your ride. Or, be part of the Second Annual Walter Walls Memorial Car Meet and join the ride in your car—all makes and models welcome. For more information, please go to our website and click on Events or call (508) 987-2056, Ext. 2003.

Changing Diabetes Day

September 22, 2012 10 a.m. to 2 p.m.

The Barton Center will be participating in Changing Diabetes Day at the DCU Center in Worcester, MA. Come visit us at this community health day hosted by Novo Nordisk. Admission is free and there will be free health screenings and workshops along with fun activities for children. For more information, please go to our website and click on Events or call (508) 987-2056, Ext. 2003.

Annual Auction

October 27, 2012 7 p.m. to 10 p.m.

Please join us at the Penta Dining Hall at Camp Joslin in Charlton for our annual auction sponsored by the Alumni Association. The evening will feature both silent & live auctions, appetizers, desserts, and dancing. For more information or for sponsorship opportunities, please call 508-987-2056, Ext. 2003 or email events@bartoncenter.org.

The Apple Run/Walk for Diabetes

November 3, 2012 9:30 a.m. walkers 10 a.m. runners

This five-mile road race/walk begins and ends at the Brookfield Apple Orchard, 12 Lincoln Road, North Brookfield, MA. The event is hosted by the Lions Club of the Brookfields and The North Brookfield Youth Center. All proceeds will benefit Clara Barton Camp and the Diabetes Research Team at UMass. To register, or for more information, please email Marty Toomey at mtoomey_nbyc@charter.net or call Marty at 508-867-6739.

Annual St. Patrick's Road Race/Walk

March 16, 2013 12:30 p.m. start for walkers & 1 p.m. start for runners

This four-mile sanctioned event can help raise money toward your camp fee or the general campership fund. Recruit family and friends to walk or run with you to help raise money through pledges toward your summer camp fee or for the general campership fund. This event is followed by a buffet and prizes!

CLARA BARTON BIRTHPLACE MUSEUM PROGRAMS

Annual Holiday Open House

January 6, 2013 1 p.m. to 4 p.m.

FREE EVENT

Join us for the annual Holiday Open House. Learn of the life of Clara Barton who was born on Christmas day as you tour the museum decorated for the holidays. Refreshments will be served. An American Red Cross blood drive will simultaneously take place in the Chabot Health & Education Center.



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